



Book now for a unique retreat/workshop on the weekend of 14/15/16 October 2022 where you will learn skills and techniques to raise your vibration and break the vicious cycle of fear that grips you and won't let you go.

## **Are you:**

1. Struggling to manifest the life you want to live?
2. Wanting to feel joyful and happy?
3. Lack direction, conviction and motivation?
4. Find yourself repeating old patterns over and over?
5. Feeling lost or stuck in a traumatic situation?
6. Don't know how to find release from the past?
7. Need and want change but don't know what to do about it?

Then this exclusive Retreat for 20 people, may be a turning point in your life. Kit Stapely and Helen Sheppard have devised a unique experience based on: The knowledge Kit gained over the last 30 years when she decided not to die of incurable, aggressive cancer and, instead pull off a real-life miracle.

Helen has a lifelong and comprehensive knowledge of music and how sound and vibration can literally heal

your life. She has been teaching people to unlock their voice and their potential for 30 years. In the process using sound to clear her own Biofield of trauma she has learned how to clear stuck energy from her clients' auras with great results.

There are Ancient Techniques, evolved in humans since the dawn of time and this retreat will help you to reclaim these powerful natural abilities that we have lost sight of in our modern world. At the same time, we will introduce you to new cutting-edge technology which is proving almost miraculous for many serious health conditions. This is a unique program of insights, revelations and finding your fun in a supportive, natural environment.

The 'Open Pathway Retreat Centre' provides the perfect setting for you to come to learn how to boost your vibration to the level where you can claim the life that seems just out of reach.

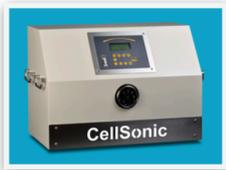
Chronic disease occurs when we lose our ability to make healthy new cells. Special guest Professor Andrew Hague, inventor of the **CellSonic** machine who will answer all your questions regarding how this incredible piece of tech restores normal cell voltage and how **keeping your vibration high can transform your life.**

This weekend will give you the respite to learn how to raise your level of thinking, raise your game and raise your vibration and empower you create the life you dream of. the circumstances of your life.

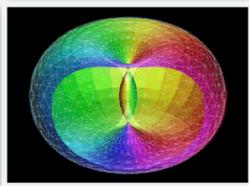
If this resonates with you why not drop us an email to set up a free 30 minute conversation to see if this is the answer you've been looking for.

One to one healing sessions in advance with Kit and Helen.

### **Extras include:**



CellSonic Treatment  
Hydrogen Therapy  
Picture of Health  
Mindset Upgrade and Life Coaching



Biofield Tuning & Chakra Balancing  
Sound Healing  
Calibrated Affirmations  
Radical Forgiveness